



ANASTASIA DESMOND GYM TEACHER

Anastasia will be NOCA's K-9 Gym teacher. She was born and raised in Southern California. She attended and graduated from Christendom College in Front Royal, VA where she completed her undergraduate studies, majoring in Political Science and Economics.

Anastasia later completed her graduate studies at Bowling Green State University earning a Master's degree in Curriculum and Instruction, an Ohio state teacher licensure in Integrated Social Studies (7-12) and a Reading Endorsement (K-12).

Anastasia has served as a STRONG Certified Career Counselor for six years and is currently completing her College Access Counseling Certification through Rice University.

Although, Anastasia has primarily worked in private education for over 15 years and taught a variety of disciplines in grades K-12, she is excited to join NOCA's team of amazing faculty to help advance the mission of Classical Education through the instruction of Physical Education. Anastasia brings with her two years of prior teaching experience in Physical Education, in addition to over eight years of coaching experience as a USA and YMCA Swimming Coach.

In Anastasia's free time, she enjoys supporting her kids' athletic pursuits in the pool and running. She also enjoys reading about American and Church History, and the lives of the saints.

Anastasia has been married to Mike for 17 years. They have four daughters: Michaela (16), Madeline (14), Meaghan (12), and Maura (11). Three of the Desmond children will attend NOCA this Fall.